



P.O. Box 216
Troy, TN 38260
Church: 536-4611
Ron (cell): 731-796-5752

SUNDAY SERVICES

9:30 am — Bible Study
10:30 am — Worship
6:00 pm — Small Group Discussions

WEDNESDAY SERVICES

6:30 pm — Bible Study

Worship Service April 22, 2018

Welcome

689 "Be Still My Soul"
"Forever Reign"

5105 "Blessed Be Your Name"

479 "Peace Perfect Peace"

Shepherd's Prayer

648 "Stand Up, Stand Up for Jesus"
464 "Because He Lives"

Communion

Contribution

779 "I Love You Lord"
719 "Love One Another"

Scripture Reading

Sermon

736 "To Christ Be True"

Family News

770 "Dear Lord and Father of Mankind"
(vs. 1, 4)

Closing Prayer

THOSE SERVING THIS WEEK

Sunday morning, April 22, 2018

Worship Leader: Tim Spain
Lord's Supper: Brian Clark, James Nicks, Paul Hill,
Rick Yates, Tyler Kendall, Kevin Dobbins, Bobby Johnson

Scripture Reading: Jeff Nicks

Sermon: Ron Newberry

Closing Prayer: Jerry Ross

Elder Available After Worship: Ron Newberry

Children's Church: Jamie Cunningham

Attended Nursery: LeEllen Smith

Nursery Next Week: Jenny Newberry

Greeters (side): Jeff & Sissy Nicks
(back): Mark & Amy Hawkins



PRAYER LIST

OUR CHURCH FAMILY: Mary Johnson, Sue Wilkerson, Vernelle Sellers, Vallie Burden

OUR COMMUNITY: Yates Graham, Scott Albright, Hudson Hayes, Debbie Jordan, Mary Hepler, Phyllis Weatherly, Debbie Bowling, Evelyn Williams, Carl Ivey, Michelle Cook (Brian Clark's boss), Shawn Weeks, Jean McCullough, Barbie Hardy, Brad Carman

OUR RELATIVES & FRIENDS: Erica Albritton, Alan Jones, William Gardner, Hazel Williams, Terry Grady, Louis Woods (cousin of Aaron Tittle), Adam & Jennifer Cooley, Katie Harris, Clinton Battles, Jason Elliott, Kimberly & Giovanni Rodriguez, Tresa Mudd (Autumn Garrigus's mom), Dwight Baggett, Philis Wilkinson (Amy Hawkins' mom), Bob Yates

THOSE SERVING OUR COUNTRY: Jay Thomas, Thomas Booker, Chriss Mays, Rebecca Gooch, Claire Lloyd, Dakota McCord, Matt Hester, Clayton Fowler (student of Nancy's, deployed to Korea)

MISSIONS WE SUPPORT: Baja California, City of Children, China, Guyana, Zambia.



I was reminded of something last week as our most recent medical mission team spoke of their experiences in the Baja. No matter where I have traveled to what we would label "third world countries" the people I've encountered in those places have typically been the happiest most contented people I've ever known. They are not running around like their hair is on fire stressing out over their situation. They are grateful for what little food they may have or the shelter that keeps them safe and dry. We display more stress over our luggage getting there than they show all year.

We are the most blessed people in the world and we are the most anxious, overextended, and "pressured" people in the world. To stressed out people, everything is an emergency demanding our immediate attention.

What stresses you to the max? What pressures do you feel? Sometimes it's the small things that create stress. Driving in Charlotte, NC a few weeks ago reminded me how much I haven't missed the traffic of the big city. Then there are the big things that shove their way in and intrude in our lives like illness, accidents, time pressure, metrics to be met at work, and a thousand and one other things.

Here's a revelation: stress is inevitable. But there's an important distinction that needs to be understood. Stress does not have to equate to stressful. Let me offer a couple of illustrations of what I mean.

The chair I'm sitting in as I write this article is under (considerable) stress by my weight. A competent engineer could calculate those stresses. So, my chair is under stress - but it is not stressed out! The stresses on it are well within its tolerance levels. Those stresses TEND to distort and break it...but they are not succeeding because it is built to withstand the strain. That's the way it's supposed to be with us as Christians. Although we will have stress in our lives, it doesn't have to deform, distort or break us or "stress us out," because in Christ we are well able to stand up under the pressure.

Here is another example that will help put this in perspective. How much does a bag of a hundred marbles weigh? A pound? Two pounds? It doesn't matter. The absolute weight of a bag of marbles is immaterial. What matters is how long you hold it. You could likely hold it out in front of you for a minute with no problem. At five minutes it would start getting a bit heavy. It's unlikely you could hold it out for an hour. It's not the absolute weight that's the issue; it weighs the same after an hour as it did the moment you picked it up. It's holding it out longer than your capacity to maintain control that's the issue.

What you have to do is to put the bag of marbles down and rest for a while before holding it up again. We have to put down the burdens that are stressful periodically so that we can be refreshed before we are stressed beyond our capacity.

What stressors are putting pressure on you beyond your capacity? What do you need to put down so you can rest for a while? Remember, it's not the absolute weight that's the problem; it's how long you hold it.



THOSE TO SERVE April 29, 2018

Worship Leader: Tim Spain
 Lord's Supper: Paul Hill, Clifton Garrigus, Tyler Bolton, Brian Clark, Gene Clark, Jamie Clark, Jim Robertson
 Scripture Reading: Landon McCage
 Closing Prayer: Keith Connor
 Power Point: Tim Spain
 Greeters (side): Kevin & Annette Dobbins
 (back): Curtis & Carla Aaron

DAILY BIBLE READING SCHEDULE

April 22 2 Samuel 7-9; Luke 19:1-28
 April 23 2 Samuel 10-12; Luke 19:29-48
 April 24 2 Samuel 13-14; Luke 20:1-26
 April 25 2 Samuel 15-16; Luke 20:27-47
 April 26 2 Samuel 17-18; Luke 21:1-19
 April 27 2 Samuel 19-20; Luke 21:20-38
 April 28 2 Samuel 21-22; Luke 22:1-30

We need FIESTA FOOD!

GRADUATION FIESTA

Get ready to celebrate the graduations of Allie Caldwell, Tyler Bolton and his fiancée Taylor Fuqua, Olivia Cunningham, Brooke Killebrew, and Ebernay McCage.

This year's Graduation Sunday will be on May 6th, with a Cinco de Mayo theme. **We need your help** to provide Mexican food, such as crock pots of taco meat; black bean salad; nachos; salsa; tortilla chips; enchiladas; guacamole, etc.

Please add your contribution of Mexican-style food to the list at the Information Station. We expect a large crowd and will need LOTS of food. Thanks in advance!

FIFTH SUNDAY

Next Sunday is our 5th Sunday joint devotional with Exchange Street. After our devotional, we'll enjoy a potluck meal together. So bring food to share (including desserts) and a 2-liter drink. Those willing to help organize arriving food, set out plates, napkins, cutlery, and cups with ice, etc. can just show up in the kitchen.

PHOTOS, PLEASE



Jenny is making photo albums to commemorate all of our church events through the years. She's a master scrap booker but needs your help: she needs your photos, especially of youth activities

such as work camp. So, dig 'em out and hand 'em over!



FISH FRY & OPEN HOUSE April 28

The Reelfoot Youth Camp & Retreat Center will celebrate spring's arrival with its annual Fish Fry and open house on Saturday, April 28, from 5:00-7:00 pm (rain or shine). The address is 4304 Kendall Road, Hornbeak, TN & the telephone number is 731-538-2118. No tickets will be sold, but donations will be gladly accepted.

THANK YOU

Phil Green writes, "Brothers & Sisters: I want to thank you for all the prayers, acts of kindness, gifts, food, calls and cards during the past months while I was battling breast cancer. My treatments are finished and I am in remission!"



GOSPEL MEETING

Martin Church of Christ invites you to a gospel meeting featuring Larry Nunley, on April 29-May 2. The church address is 233 Oxford Street, Martin, TN and the phone numbers is 731-587-2203. The schedule is:

Sunday morning 9:0 am to 10:00 am
 Sunday afternoon 12:30 pm
 Monday—Wednesday 7:00 pm

BAKE SALE

The bake sale planned to raise funds for this summer's mission trip to the City of Children has been rescheduled for Saturday, May 19th. We'll need your help with baked goods.

DRAWN BY LOVE WORSHIP June 10

The ladies of 7th & Mueller Church of Christ announce the upcoming women's worship service. This year's theme is *Wait and See...the best is truly yet to be* (Philippians 1:6). Dr. Elaine Denman of Wichita, Kansas will be the speaker.



